Our no-cost education courses, support groups, and other resources help fight stigma and alleviate the isolation so many individuals and family members experience.

For more info and class offerings, please visit our website!

**Peer-to-Peer**
An 8-session educational program for adults living with a mental health condition or mental illness.

**Tuesdays**
July 28 – September 15
6:00 PM to 8:00 PM

**Online via Zoom!**
Visit our website to register!

www.namiswoh.org

Got questions?

- Email us at info@namiswoh.org
- Or call (513) 351-3500

NAMI Southwest Ohio
www.namiswoh.org

*Education, support, and advocacy for people living with mental illness and their families*