

Child Focus, Inc.

Early Childhood Day Treatment

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Services

Child Focus, Inc. is pleased to offer an innovative, therapeutic preschool program for young children ages 3-5. The Early Childhood Day Treatment (ECDT) Program focuses on serving pre-school children with significant mental health needs. Our program works to meet the needs of children who have trauma histories, have been expelled from previous pre-school/day care settings, or have severe behavioral outbursts. Our low ratios and trained mental health staff will provide therapeutic support to children, in order to provide them with a social-emotional foundation needed to succeed in academic settings.

Hours of Operation

Our program is staffed from 7:30-4:30pm Monday-Thursday with supplemental family therapy sessions on Friday. Two sessions are offered:

- ◇ AM Session: 8:30am-11:30am
- ◇ PM Session: 12:30pm-3:30pm

Staff to Child Ratios

Low staff to child ratios ensure that each child gets the support they need. Two Qualified Mental Health Specialists run the classroom. Eight children are enrolled per session.

Contact Information

Julie Herrmann, MS, LPCC-S
Assistant Director of ECMH
513-752-1555 ext. 214
jherrmann@child-focus.org

Therapeutic Framework & Supports

Our Early Childhood Day Treatment program aims to provide children with the early intervention and treatment they need to overcome early trauma and/or mental health difficulties. Our facility will provide individual therapy, case management, medication management, and home visits to ensure the best possible outcomes for our clients. Through creating a therapeutic setting, involving caregivers, and utilizing research based methodology in the classroom, we hope to set our young children up for success in kindergarten and throughout life.

The ECDT staff utilize the Incredible Years Curriculum as a framework in the classroom. Each child participating in the ECDT program receives individual/family therapy services, case management, and psychiatric services if needed.



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◇ Classroom

