

# Child Focus, Inc.

## Early Childhood Day Treatment

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### Services

Child Focus, Inc. is pleased to offer an innovative, therapeutic preschool program for young children ages 3-5. The Early Childhood Day Treatment (ECDT) Program focuses on serving pre-school children with significant mental health needs. Our program works to meet the needs of children who have trauma histories, have been expelled from previous pre-school/day care settings, or have severe behavioral outbursts. Our low ratios and trained mental health staff will provide therapeutic support to children, in order to provide them with a social-emotional foundation needed to succeed in academic settings.

### Hours of Operation

Our program is staffed from 8:00am-4:00pm Monday-Friday with supplemental family therapy sessions and home visits in the afternoon.

- ◇ ECDT Program hours 9am-12:30pm

### Staff to Child Ratios

Low staff to child ratios ensure that each child gets the support they need. Two Qualified Mental Health Specialists run the classroom, along with our therapist. Ten children are enrolled in program.

### Contact Information

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### Therapeutic Framework & Supports

Our Early Childhood Day Treatment program aims to provide children with the early intervention and treatment they need to overcome early trauma and/or mental health difficulties. Our facility will provide individual therapy, case management, medication management, and home visits to ensure the best possible outcomes for our clients. Through creating a therapeutic setting, involving caregivers, and utilizing research based methodology in the classroom, we hope to set our young children up for success in kindergarten and throughout life.

The ECDT staff draws from a number of curricula, including Second Step, Conscious Discipline, and the Incredible Years Curriculum. Each child participating in the ECDT program receives individual/family therapy services, therapeutic behavior supports in the home and community, as well as psychiatric services if needed.

Our staff work with early learning centers throughout the community to ensure that clients will be able to be successful in a typical classroom settings. We offer layers of support to ensure that each client's needs are met.

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