

Strengthening children, teens, families and adults to promote stability, healthier relationships and behaviors and resilience. Services can be provided in the office, home, school or community.

## Benefits...

- Build connections, skills and hope
- Improve family dynamics and relationships
- Flexible scheduling and responsive to individual family needs and culture
- Evidence-based services like Dialectical Behavior Therapy and Parent Enrichment



## **Hours & Fees**

## Hours

M - F: 8am-4:30pm Evenings by appointment only

## **Accepted Forms of Payment**

Private insurance, Medicaid, Medicare and Self-pay

