



National Alliance on Mental Illness

nami Southwest Ohio

Family-to-Family

The NAMI Family-to-Family Education Program is a free 12-week course for family and friends of individuals with mental illness.

“I have learned not to be an enabler to my loved one experiencing mental illness. I have learned to take care of my needs in order to help others properly.”

**Family-to-Family participant
NAMI Southwest Ohio**

Eastgate

Thursdays

August 22 – November 7

6:30 PM to 9:00 PM

Child Focus Training Room

Conference Room C

4633-B Aicholtz Road

Cincinnati, OH 45244

Registration opens July 22

Register:

- Online at www.namiswoh.org
- By phone at (513) 351-3500

Got Questions?

- Email us at info@namiswoh.org
- Or call (513) 351-3500

NAMI Southwest Ohio

www.namiswoh.org

Education, support, and advocacy for people living with mental illness and their families