



National Alliance on Mental Illness

NAMI Southwest Ohio

Our no-cost education courses, support groups, and other resources help fight stigma and alleviate the isolation so many individuals and family members experience.

For more info and class offerings, please visit our website!

Family-to-Family

8-week course for family members of those living with mental illness

Tuesdays

Oct 6 – Nov 24
6:30 PM to 9:00 PM

[Online via Zoom](#)

Peer-to-Peer

8-week course for individuals living with mental illness

Tuesdays

Oct 6 – Nov 24
6:00 PM to 8:00 PM

[Online via Zoom](#)

Hope for Recovery

1-day workshop for individuals living with mental illness and their friends and families

Saturday

November 14
9:00 AM – 3:00 PM

[Online via Zoom](#)

Register:

- Online at www.namiswoh.org
- By phone at (513) 351-3500

Got questions?

- Email us at info@namiswoh.org
- Or call (513) 351-3500

NAMI Southwest Ohio

www.namiswoh.org

Education, support, and advocacy for people living with mental illness and their families