



Southwest Ohio

Our no-cost education courses, support groups, and other resources help fight stigma and alleviate the isolation so many individuals and family members experience.

For more info and class offerings, please visit our website!

Peer-to-Peer

An 8-session educational program for adults living with a mental health condition or mental illness.

Tuesdays

July 28 – September 15

6:00 PM to 8:00 PM

Online via Zoom!

Visit our website to register!

www.namiswoh.org

Got questions?

- Email us at info@namiswoh.org
- Or call (513) 351-3500

NAMI Southwest Ohio

www.namiswoh.org

Education, support, and advocacy for people living with mental illness and their families